

# Jumble 05/30/07, Lifetime Health

Name \_\_\_\_\_ Date \_\_\_\_\_

Instructions: Complete the puzzle. Use the clues to help you unscramble the terms

1. LBODO LHCOLAO CONROTNINCA TE  
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2. S I R E D T E A M S K O S M E  
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3. N I C I E O N T T M R C L N P E E E A  
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Y T P A E H R  
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4. O L A C L O H  
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5. O N N A I X T C O T I I  
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6. C O O H L A L A E S U B  
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7. C N O Y D P D C E E N E  
□□□□□□□□□□□

8. A N C N O D D E S H M O S E K  
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9. A N G O C I R N C E  
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10. E N N I L A G B  
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11. A R T  
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12. A E X L S U Y L T S N M D I T A E R T  
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S D I E S E A  
□□□□□□□

13. I E N B G D K G I N R N I  
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14. M P Y A M E S H E  
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15. M T M R A I N A S E E S K O M  
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16. C R O A B N X M I O E O D N  
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17. E D I S G A T N E D R D R E V I  
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19. T E L F A    C H A L O O L    E S N M D Y R O  
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20. R C I I R S H O S  
□ □ □ □ □ □ □ □ □ □

**Clues:**

1. the amount of alcohol in a person's blood, expressed as a percentage
2. smoke that escapes from the tip of a cigarette, cigar, or pipe
3. forms of medicines that deliver small amounts of nicotine to the body to help a person quit using tobacco
4. the drug in wine, beer, and liquor that causes intoxication
5. the physical and mental changes produced by drinking alcohol
6. drinking too much alcohol, drinking it too often, or drinking it at inappropriate times
7. a condition in which a family member or friend sacrifices his or her own needs to meet the needs of an addict
8. a combination of exhaled mainstream smoke and sidestream smoke
9. any chemical or agent that causes cancer
10. helping an addict avoid the negative consequences of his or her behavior
11. a sticky, black substance in tobacco smoke that coats the inside of the airways and that contains many carcinogens
12. an infectious disease that is spread by sexual contact
13. the act of drinking five or more drinks in one sitting
14. a respiratory disease in which air cannot move in and out of alveoli because they become blocked or lose their elasticity
15. smoke that is inhaled through a cigarette and then exhaled by a cigarette smoker
16. a gas that blocks oxygen from getting into the bloodstream
17. a person who chooses not to drink alcohol in a social setting so that he or she can safely drive himself or herself and others
18. a disease that causes a person to lose control of his or her drinking behavior; a physical and emotional addiction to alcohol
19. a set of physical and mental defects that affect a fetus that has been exposed to alcohol because of the mother's consumption of alcohol during pregnancy

20. a deadly disease that replaces healthy liver tissue with scar tissue; most often caused by long-term alcohol abuse