

Holt Chapter 3 Projects

You have your choice of one of the projects below. You have ONE day of class time. If more time is needed, it is outside of class. You MUST be working on this assignment in class. For example, if you decide to do a Power Point, you can begin to plan out each of the slides and their content in class, and finish at home. All projects are worth 50 points. You may have partners as described in the project.

1. One person only! Draw and illustrate the eight characteristics of high self-esteem found on page 51. Include the characteristic and draw something that CLEARLY illustrates it. Color must be used! Paper can be provided.
2. One or two people. On page 56 you will find communication styles. Take FOUR different situations and illustrate each of the three communication styles. Include the style and draw or use pictures cut from a magazine or from the internet to clearly show the different styles of communication.
3. One or two people. Create a Power Point presentation on Defense mechanisms. There should be a minimum of 20 slides. There should be text AND some sort of art work that illustrates the defense mechanism in question.
4. One, two, or three people. Using butcher paper (supplied) create a (banner, mural, collage) with photography and/or art and/or pictures cut from magazines or from the internet that show people who are using defense mechanisms in a negative way. Then, also show people using defense mechanisms (such as compensation, sublimation) in a positive way. There should be a minimum of 15 different situations.
5. One person only! Use art or do a Power Point Presentation and illustrate at least 10 emotions (five are mentioned in the book on pages 64-65).
6. One person only! Write a page and a half report on a mental disorder. Include a comprehensive description of the disorder, level of impairment, ability to be a contributing part of society, method of treatment (if any), how the disorder occurs (genetic, drug use, etc.), and prognosis for a cure.