

# NATIONAL TRACK RECORDS – GIRLS

EVENT	ATHLETE	MARK	SCHOOL	YEAR
100 METER	ANGELA WILLIAMS	11.11	CHINO, CA	1998
200 METER	MARION JONES	22.58	RIO MESA, CA	1992
400 METER	MONIQUE HENDERSON	50.74	MORSE, CA	2000
800 METER	KIM GALLAGHER	2:00.07	UPPER DUBLIN, PA	1982
1600 METER	POLLY PLUMER	4:35.24y	UNIVERSITY, CA	1982
3200 METER	KIM MORTENSEN	9:48.59	THOUSAND OAKS, CA	1996
100 HH	CANDY YOUNG	12.95	BEAVER FALLS, PA	1979
300 IH	LASHINDA DEMUS	39.98	LB WILSON, CA	2001
HIGH JUMP	AMY ACUFF	6' 04	CALALLEN, TX	1993
LONG JUMP	KATHY McMILLAN	22' 03	HOKE COUNTY, NC	1976
TRIPLE JUMP	YCHLINDRIA SPEARS	44' 02 ¼	LULING, TX	2001
POLE VAULT	SHAYLA BALENTINE	13' 08	MORRO BAY, CA	2001
SHOT PUT	NATALIE KAAIAWAHIA	53' 07 ¾	FULLERTON, CA	1983
DISCUS	SUZY POWELL	188' 04	MODESTO, CA	1994
4 X 100 RELAY		44.70	ST BERNARD, CA	1997
4 X 400 RELAY		3:35.72	LB WILSON, CA	2001